



## Tips to help prevent heat loss in your home

Heat loss is a surprising issue for many homes – even the most modern ones. When you are stuck in the grips of winter, your energy company will be rubbing their hands together greedily as they know that most people will be paying out a large amount of money to keep their houses warm. Then, of course, there's the issue of energy conservation. If your home experiences heat loss, this is also wasted energy. There are plenty of ways to prevent heat loss in your home to save energy and money, which are of a common sense nature and easy to implement. Some may need a small cash outlay, but you'll see payback in a short time as you start benefiting from reduced energy bills.

Here are some ways you can help prevent heat loss in your home:

### SHUT THE DOOR

One of the easiest ways to save money on energy bills is to shut all of your doors to prevent the warm air from getting out. This doesn't take any effort on your part, as all you have to remember is to shut the door! You should also notice that the reduced heat loss makes your house warmer, meaning you can turn down the thermostat a notch or two, thereby saving even more energy and money.



### REFLECTIVE RADIATORS

You can reduce wasted energy after you have turned your radiators off by preventing heat leaving through the walls. To do this, your radiators should have heat reflectors attached to their reverse side which will reflect the heat back into the room and away from the walls. This can save money on energy bills as you won't have to keep your heating on for as long once the reflectors are in place.



### DRESS TO SAVE

One of the best ways to prevent heat loss is to make sure your water tank is covered in a heat-retentive jacket. This jacket doesn't cost a large amount of money, and in the long run the savings you make will far outweigh the cost of the jacket itself – in fact, it's estimated that this can reduce energy bills by a minimum of 30%.



### CURTAINS

Heavy curtains can be a great way to keep the heat inside your room, because they successfully absorb sunlight while blocking out any wind which may seep through the cracks of your windows. This is a relatively low-cost option to insulate your home.



### EXCLUDE THE DRAUGHT

To help avoid heat loss from your house you not only have to keep the warm air in, but also the cold air out. Draughts can appear from anything as major as a hole in the roof all the way to a simple gap under the door. Draught excluders are a very simple and cost-effective way to reduce energy loss and shave more money off your heating bill.



These ways to prevent heat loss in your home to save energy and money are especially effective when used in conjunction with each other. However, when used on their own they are still useful in order to save money on energy bills.

